

# Kingswood Campus Healthy Lifestyle Walking Track

Think. Eat. Drink. Play.



- The start & finishing point is the Bar Café, Building N
- Follow the yellow line outlined on this map. There are also markers in the ground to guide you along the way.
- The total track length is 2.75km's. Every 500m is indicated in the yellow circle.
- Don't forget to complete your daily training diary on the back of this map.
- This track equates to approximately 3,440 steps.



Have you done your 10,000 Steps today? UWScconnect 